



































# Health

74 videos

		Year	Rating	Duration
	<b>Administering Medications</b> Assisting in medication administration is an important and crucial role for the health care professional and carries significant responsibility. In fulfilling this role effectively and safely, the car...	2006	E	00:43:05
	<b>Adult Health and Development</b> The health of individuals and communities worldwide is affected by a complex combination of factors. Where we live, our environment, genetics, income, education level, and our personal relationships a...	2011	E	00:21:02
	<b>Aged Care and Cultural Diversity</b> Our cultural backgrounds, experiences and beliefs can influence our day-to-day behaviour without us even realising it. Within aged care, culture has a major impact on how we work and how we communicat...	2010	E	00:26:57
	<b>Aged Care: Communicating with Family and Carers</b> Australia is experiencing 'population ageing'. Many older Australians are dependent on the care and support of informal care arrangements provided by the family and formal aged care services delivered...	2010	E	00:23:13
	<b>Aged Care: Communication with Colleagues</b> Integral to the operations of any workplace is effective communication between all staff. It is particularly important in any area of health service delivery and care, including an aged care environme...	2007	E	00:25:08
	<b>Aged Care: Effective Wound Management</b> Safe skilled practice is central to the principles of nursing. With increasing demands for health professionals to strive for higher standards of care, many nurses are returning to the basics which un...	2007	E	00:23:35
	<b>Assessing Skin Conditions</b> Our skin is not just a vital organ - an incredible barrier protecting us from environmental threats every day - it is also one of our most personal and valued attributes as human beings, presenting us...	2008	E	00:25:44
	<b>Australian Identity: Coming to Terms with a National Identity</b> In his thought-provoking programme presented by Richard Morecroft, we ask what does it mean to be an Australian and why do we need an identity? Archival film is used to encourage discussion about trad...	1987	E	00:17:53
	<b>B. F. Skinner: A Fresh Appraisal</b> Series: Giants of Psychology This film takes a look at who B. F. Skinner was, and what he really said in his twenty books. In this film his set of vocabulary is introduced in context so the student understands how they were inten...	1999	E	00:40:34
	<b>Basic Care Procedures: Showering and Bed-Bathing</b> Maintaining personal hygiene plays an important role in preventing disease, especially infection; as well as contributing to the patient's general well-being, preserving comfort and positive body imag...	2006	E	00:24:46

	<b>Caring for the Frail and Immobile</b> This programme explores a range of areas relating to caring for frail and immobile people. Its thrust is largely about encouraging older people to use their existing capacities to the maximum extent,...	2009	E	00:29:20
	<b>Case Management in Health Care</b> Case management is becoming a prominent and successful tool of modern healthcare. Putting the client firmly at the centre of a collaborative process, it can be mediated by doctors, social workers, nur...	2012	E	00:15:09
	<b>Communication Skills for Nurses</b> Health professionals have a responsibility to provide clear, concise and appropriate information to colleagues, patients and the wider community. This essential programme employs a dynamic combinatio...	2011	E	00:22:03
	<b>Community</b> Series: First Aid Emergencies Accidents and injuries occur without warning. When incidents happen in public places, often the welfare of the victim depends on the level of help they receive before qualified paramedics or other pro...	2013	PG	00:21:57
	<b>Cultural Diversity in Nursing Practice</b> Professional nursing requires a highly sophisticated set of communication skills. Every day, nurses must effectively communicate with people of differing religions, ages, sexes and cultures. To delive...	2010	E	00:22:53
	<b>Delirium, Dementia and Depression</b> Delirium and dementia are two of the most common mental disorders elderly people face. Depression is also common in elderly people and often presents with symptoms similar to dementia or delirium. The...	2010	E	00:28:39
	<b>Depression: Understanding the Disease</b> Depression is the most common mental illness amongst adults. It's characterised by feelings of hopelessness and numbness. We all know what it's like to feel depressed, but to suffer from depression is...	2010	E	00:20:47
	<b>Developing a Nursing Portfolio</b> Nurses are one of a few professions many people trust with their lives. However like any other occupation, nursing professionals still need to maintain their skills in their current area of practice a...	2010	E	00:16:54
	<b>Dying High 2: Real Stories of Drugged Driving</b> WARNING: This video contains real-life footage of car accidents with graphic scenes. The original award-winning Dying High gave viewers an unblinking look at what happens when teens overdose on alcoho...	2012	PG	00:24:23
	<b>Eliminating Bullying and Harassment from the Aged Care Environment</b> People working in aged care routinely provide love, care and support for the elderly but often they can be less than caring and supportive of each other. This programme examines the definitions, types...	2007	E	00:25:03
	<b>Emotional Intelligence</b> Series: Learning à la Carte This programme explains the concept of emotional intelligence and how it can help managers and leaders to improve their performance.	1998	E	00:14:31
	<b>Encountering Grief and Loss</b> As health professionals we must support patients and their families, carers and friends as they grapple with their own personal experiences of loss and grief. In this insightful programme we take a ho...	2010	E	00:20:13

	<p><b>End of Life Care</b></p> <p>Death is inevitable and a natural part of life, but for the patient this important time can be difficult for the dying person and also their family and close friends. Therefore a health professional's...</p>	2010	E	00:18:52
	<p><b>Ethics and Legal Concepts in Nursing: Consent</b></p> <p>To protect patient's interests in health care, principles of informed consent have been developed to ensure a person's right to decide the type of treatments they are prepared to receive. Patients see...</p>	2009	E	00:23:59
	<p><b>Ethics and Legal Concepts in Nursing: Introduction</b></p> <p>Whenever newspapers or other media carry stories about the public's perception of the level of ethics associated with various professions, nursing always rates very highly. Nurses deal with people, and...</p>	2009	E	00:29:43
	<p><b>First Aid Techniques</b></p> <p>Anywhere in the community or in the home, emergencies can occur, which require the administration of first aid. This collection of video resources provides an overview of the main areas of first aid tr...</p>	2013	E	00:45:20
	<p><b>First Aid: Basic Life Support</b> Series: Basic Life Support</p> <p>First aid is the initial care of a suddenly sick or injured person. Would you know what to do in an emergency? This programme details the essential aspects of first aid as required to assist someone i...</p>	2006	E	00:24:24
	<p><b>First Aid: Outdoor Injuries</b></p> <p>Summer means spending time outdoors enjoying sport and recreational activities. It also means being prepared to manage outdoor emergency situations. Would you know what to do? This programme details t...</p>	2006	E	00:23:45
	<p><b>Focusing on Early Years</b></p> <p>This video resource looks at various aspects of the early years setting from the basics of health and safety to areas of employment within this rewarding industry. The topics of preventing accidents,...</p>	2014	E	00:31:15
	<p><b>Home Is Where the Heart Stops</b></p> <p>From award-winning producers, Home Is Where the Hearts Stops is a comprehensive CPR training video, but not as you know it! Written according to latest international resuscitation guidelines for audien...</p>	2014	E	00:12:51
	<p><b>Homophobia</b></p> <p>With a suggested nine in ten secondary school teachers reporting that young people, regardless of their sexual orientation, currently experience some form of homophobic harassment in their schools thi...</p>	2010	E	00:29:22
	<p><b>How the Australian Health System Works</b></p> <p>The Australian health system is often called one of the best in the world, in that it allows easy access to basic health care for all Australians that is either free or low cost. Using a young person'...</p>	2009	E	00:23:38
	<p><b>Human Reproduction and Childbirth</b></p> <p>Using animated graphics, this programme clearly and vividly illustrates the biological functions of the different parts of the male and female reproductive systems. It shows how millions of sperm race...</p>	2009	E	00:21:40
	<p><b>Infection Control in Health Care</b></p> <p>Infection control in a health care setting is a fundamental responsibility shared by all staff. This video resource will ensure that infection control is front of mind for every worker. It starts by o...</p>	2011	E	00:15:40



### John Dewey: His Life and Work

Series: Giants of Psychology

2001 E 00:40:56

John Dewey wrote extensively about philosophy, psychology, education, political science, and the arts. This film introduces students to his philosophy and his critical studies of education, the arts a...



### Managing Behaviours of Concern in the Elderly

2010 E 00:28:25

A high percentage of elderly people in professional care suffer from dementia, a psychiatric illness or a specific brain injury. Recently, extensive research has been undertaken into understanding the...



### Managing Incontinence

2008 E 00:25:22

Urinary and faecal incontinence can be one of the most stigmatising and embarrassing disabilities to afflict both men and women in society today. The cost to the individual can be measured in loss of...



### Maria Montessori: Her Life and Legacy

Series: Giants of Psychology

2004 E 00:35:11

Maria Montessori's conception of the changing roles the classroom environment and teacher should play for students of various ages is presented with carefully shot film of toddler, preschool, primary...



### Marijuana and the Teenage Brain

2013 E 00:23:15

This fantastic video resource informs students about the latest research on the effects of marijuana on the brain. Animated graphics clearly shows how THC, the active ingredient in marijuana, hijacks...



### Mary Ainsworth: Attachment and the Growth

Series: Giants of Psychology

2005 E 00:37:34

The film details the developmental course of attachment behaviours and the different patterns that are captured by the controlled observational techniques of the "Strange Situation." Using archival (i...



### Meaningful Activities for People with Dementia

2006 E 00:30:29

Using the Darlingford Aged Care facility as a model, this programme takes a detailed look at dementia and its symptoms. The programme examines the needs of clients and a range of meaningful activities...



### Medication Administration: Healthcare Essentials

2013 E 00:29:33

This program is comprised of 10 short programmes, each addressing practical techniques and protocols in the administering of medications. This includes essential requirements for preparing medications...



### Meeting Individual Needs

2012 E 00:13:36

Providing health and care services to recipients has changed significantly in recent decades. Not only have technology and medical science progressed considerably, but approaches to service provision...



### Minimising Health Inequalities: Innovative Australian Case Studies

2010 E 00:20:38

Like residents of most countries around the world, many Australians experience unequal opportunities to access even the most basic health treatments. The larger portion of our population can take for...



### Nutrition in an Aged Care Environment

2007 E 00:28:57

Developing and maintaining a healthy and well balanced diet is just as important for the elderly as any other age group. For elderly people who can no longer look after themselves, it is of vital impo...


























### Pain Management in the Elderly

2010 E 00:27:40

Pain is something we all experience and is something that many people fear, especially as they grow older. Long term experiences of pain may well become increasingly common as we head towards an agein...



	<p><b>Palliative Care Nursing: Caring For Yourself</b></p> <p>Delivering palliative care can be both hugely rewarding and, at times, very stressful. It is likely that all health workers will be involved in caring for a dying person at some time. Nurses need to b...</p>	2010	E	00:18:25
	<p><b>Part 1: Introduction</b></p> <p>Series: Health Assessment in Nursing</p> <p>Performing a health assessment is a key skill in any medical profession. The assessment and physical examination provides data required to initiate planning, care, and treatment of the patient. This e...</p>	2009	E	00:41:27
	<p><b>Part 2: Collecting Subjective Data</b></p> <p>Series: Health Assessment in Nursing</p> <p>Collecting subjective data is crucial to the successful treatment of any medical condition. This entertaining programme produced in a style similar to the sitcom 'Scrubs' is designed to provide the vi...</p>	2009	E	00:32:14
	<p><b>Patient Care: Plans and Pathways</b></p> <p>Like all health care professionals, nurses have many variables to consider when administering patient care, in order to deliver desirable and effective outcomes. This is equally true in community, hos...</p>	2010	E	00:19:32
	<p><b>Practical Strategies for Resolving Conflict</b></p> <p>Series: Conflict Management in Health Care</p> <p>Aged care workers often find themselves in positions where they need to think on their feet and deal with conflict effectively. Relationships with residents or clients, their families and carers, othe...</p>	2009	E	00:18:39
	<p><b>Practitioner Roles</b></p> <p>To effectively deliver its products or services, any organisation must have certain fundamentals in place, including a positive and constructive organisational culture, a clear mission statement that...</p>	2012	E	00:14:49
	<p><b>Professional Boundaries in Health Care</b></p> <p>Professional boundaries refer to the distinctions that a worker or professional or group of professionals make between acceptable and unacceptable behaviour. In the delivery of health care services, t...</p>	2012	E	00:22:26
	<p><b>Protecting the Vulnerable: Identifying and Reporting Elder Abuse</b></p> <p>Elder abuse is a largely hidden problem. As the proportion of elderly people requiring care increases, it is critical that we all understand the different forms elder abuse can take and what must be d...</p>	2007	E	00:28:49
	<p><b>Psychological Factors</b></p> <p>Series: Influences on Health and Wellbeing</p> <p>Wellbeing is not just about a healthy body – it is critical to maintain a healthy and active mind as well. There are many psychological factors that contribute to an individual's state of health, and...</p>	2012	E	00:17:17
	<p><b>Recognising Mental Illness in Patients</b></p> <p>One in five Australians will experience some form of mental illness in a given year. It is therefore crucial that all nurses working in a general hospital setting are familiar with the different types...</p>	2010	E	00:18:31
	<p><b>Risk Management for Nurses</b></p> <p>Nursing, like any job, has its inherent risks. But in nursing, more than other fields, risks present themselves on a daily basis, and the impact of these risks can have serious consequences. It is cri...</p>	2011	E	00:17:00

	<b>Sensory Loss and Ageing</b>	2013	E	00:18:01
	The decline or total loss of any of the five senses has an enormous impact on an older person's independence and the quality of life they enjoy. This interview led programme outlines the difficulties a...			
	<b>Skin Integrity and Pressure Ulcers</b>	2010	E	00:17:58
	At some point in their careers, most nurses and nursing assistants will care for patients at risk of developing pressure ulcers. Pressure ulcers are distressing, debilitating and difficult to manage....			
	<b>Stroke Victim Rehabilitation</b>	2011	E	00:22:12
	The goal of post-stroke rehabilitation is to enable an individual who has survived a stroke to reach the highest possible level of independence and be as productive as possible. Nurses are integral to...			
	<b>Stroke: Understanding the Disease</b>	2010	E	00:25:50
	In some cases, stroke is a life-threatening medical emergency that leaves the victim with permanent disability. But for many stroke patients, there's a lot that can be done through quick medical atten...			
	<b>Supporting People with Disabilities</b>	2012	E	00:20:46
	Working with people with disabilities is challenging and highly rewarding. This interview led programme discusses: the complex issues facing people with disability; effective communication; supporting...			
	<b>Talking Gender</b>	1999	E	00:22:08
	How is gender created? This programme studies the effect on gender by: the media and society, education and careers, family and the home.			
	<b>Team Building For Nurses</b>	2011	E	00:21:36
	Team nursing is founded on a philosophy that supports the achievement of goals through group action. Under the team nursing model, all members are encouraged to make suggestions and share ideas. Succe...			
	<b>The Physical Environment</b> Series: Influences on Health and Wellbeing	2008	E	00:22:02
	Environmental health goes beyond monitoring and managing the physical environment. It spans areas of public health issues, such as noise and visual pollution, waste disposal and pest control and is a...			
	<b>Theories of Learning</b>	2006	E	00:26:48
	This programme uses a number of practical examples to explore four key psychological theories and their application to learning sporting skills; Social Learning Theory, Operant Conditioning, Cognitive...			
	<b>Types of Behaviours of Concern</b>	2013	E	00:21:08
	Workers in community or health services will from time to time encounter people exhibiting behaviours of concern. This collection of short programmes outlines common examples of difficult and challeng...			
	<b>Understanding Aged Care</b>	2012	E	00:18:12
	Working with people with disabilities is challenging and highly rewarding. This interview led programme discusses: the complex issues facing people with disability; effective communication; supporting...			
	<b>Understanding and Managing Type 2 Diabetes</b>	2007	E	00:32:31
	The incidence of diabetes around the world is rapidly rising. Predominant causative factors include age, lifestyle and obesity with up to 90% of the diabetic population having type 2 diabetes. As a di...			



**Understanding the Nature of Conflict**  
Series: Conflict Management in Health Care

2009 E 00:20:05

Conflict, it occurs in any workplace, and always needs to be carefully managed. In many ways, there is a greater potential for conflict to occur in an aged care environment than in a number of other w...



**Vital Signs**

2006 E 00:40:20

The assessment of a patient's health status is an essential part of the nurse's or personal carer's role. It includes observation of the patient and measuring the patient's vital signs. This programme...



**Vygotsky's Developmental Theory: An Introduction**  
Series: Giants of Psychology

1994 E 00:27:24

This film introduces the life, vocabulary and concepts of Lev Vygotsky. The film illustrates four basic concepts integral to his work: children construct knowledge, learning can lead development, deve...



**William James: The Psychology of Possibilities**  
Series: Giants of Psychology

2011 PG 00:40:07

William James, more than anyone else, was responsible for introducing the wide range of topics that now comprise the broad field of psychology. In his magnificent text, *The Principles of Psychology*, h...



**Wound Management: A Nurse's Guide**

2010 PG 00:20:07

Wound management is one of the cornerstones of good nursing care. Effective wound care extends far beyond the application of the wound dressing. Nurses and nursing assistants may be required to assess...